



# News on Wheels

The Annual Newsletter of Meals on Wheels of Ridgefield, CT

## 2025 *in* REVIEW

\$15 / day to feed a client

**58,000**  
Meals Delivered

**200<sup>+</sup>**  
Clients Served

**175<sup>+</sup>** Volunteers

### Independence Matters to Seniors

- 75% of Ridgefield seniors say living in their own home is important
- 59% want to remain in Ridgefield as they age

### MOW Delivers More than Meals

- 91% of recipients say the program supports independence
- 84% feel more secure
- 79% experience improved health

Sources: Ridgefield 2023 Senior Survey & MOW of America

# LETTER FROM THE BOARD CHAIR | Dean Miller



As we reflect on another remarkable year at Meals on Wheels of Ridgefield, I'm filled with gratitude and awe at what we've accomplished together. Every meal we prepare and deliver is more than just nourishment—it's a gesture of care, a reminder that no one in our community is forgotten.

This year, we continue to serve over 1,100 meals each week, thanks to the tireless dedication of our five part-time staff and more than 175 volunteers. Their compassion and commitment are the heartbeat of our mission. Whether chopping vegetables in the kitchen, packing meals with care, or delivering with a warm smile, each person plays a vital role in lifting up our neighbors.

What makes Ridgefield truly special is the way our community shows up—not just with donations, but with creativity, kindness, and heart. From hand-decorated gift bags to food drives and birthday surprises, your generosity

brings joy and dignity to those we serve. Because we remain privately funded we can continue to say "yes" to anyone in need, without restrictions or fees.

As we look ahead, we do so with hope and determination. The need is real, and growing—but so is our resolve. On behalf of the Board of Directors, thank you for being part of this journey. Your support makes all the difference.

Dean Miller, Board Chair

## *Thank you* TO OUR 175+ VOLUNTEERS

Who give countless hours preparing, packing & delivering our meals

KITCHEN VOLUNTEERS

Phyllis Appel	Trisha Kokas
Kerri Austin	Shannon Krause
Patti Ballard	Sonia Krishna
Sangeetha Basker	Anne Kupferschmid
Steve Berney	Connie LaBarbera
Linda Bloch	Deb Linke
Michael Carnicelli	Ellen Lipton
Patrick Caudill	Janet Lloyd
Eunice Cepeda	Brenda Macmillan
Rafael Cepeda	Connie Marsala
Bridget Colabella	Fiona McKee
David Cordisco	Theresa Miller
Gina Cushman	Nancy Ollinger
Jennifer Dayton	Braillin Cerda Ortiz
Jennifer DiLauraia	Simon Platel
Jeff Dinkel	Mendy Polchinski
Tori Dinkel	Trudy Potter
Edan Dionne	Daniela Puchall
Anna Elwart	Jennifer Purinton
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Robert George	Dave Schupmann
Mark Gilliam	Laurie Schupmann
Linda Gliedman	Gerry Sexton
Amy Grossfeld	Mary Pat Sexton
Kathryn Guido	Dana Sierakowski
Kristen Hoban	Melissa Smith
Betty Ito	Ginny Stoeffel
Mary Joyce	Kelly Turberfield
Joni Karsh	Celeste Ulmer
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Ron Kingsley	Eileen Wilson
Patsy Knoche	

Mike Albano  
Maureen Anderson  
Debra Ancona  
Richard Angotta  
Kerri Austin  
Renaud Baker  
Sangeetha Basker  
Sarah Baudendistel  
Bhavna Behal  
Chris Bleach  
Sam Bloch  
Anne Blood  
Bob Brant  
Colleen Broderick  
Liz Bronkesh Beebe  
Stephanie Cahill  
Bob Camera  
Patty Cartwright  
AnnMarie Chollick  
Bob Christman  
Julia Cockerill  
Bridget Colabella  
Gary Condon  
Patti Cone  
Steven Conner  
Amanda Cordano  
David Cordisco  
Megan Cosgrove  
Ginger Cox  
Maureen Culhane  
Leslie Cullen  
Alden Cushman  
Kacey Daubenspeck

Don Daughters  
Catherine Desmarais  
Katie Diamond  
Lynett Dickman  
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Len Doherty  
Erin Donnelly  
Gloria Driscoll  
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Sean Flanagan  
George Flynn  
Jessica Flynn  
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Liana Furneri  
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Zach Hendrix  
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Michael Hourihan  
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Mary Joyce  
Barbara Kaplan  
Caroline Keenan  
Mary Jane Keleman  
Brian Kelly

John Kenyon  
Kristof Kloeckner  
Hayden Kokas  
Trisha Kokas  
Thomas Kozlark  
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Renata LaMotta  
Jacqueline Lang  
Michelle Lange  
Randi Licare  
Dan Lindau  
Jane Lindau  
Marianne Loomis  
Andrea Macaluso  
Jane MacKenzie  
Bill Markus  
Morakot Masokas  
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Lauri McLaughlin  
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Michael Millerick  
Emily Mills  
Tom Miserendino  
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Joe Motta  
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Malini Murthy  
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Peggy Van Acker  
Cathy Vilinskis  
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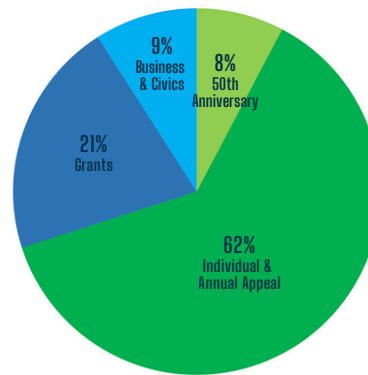
DRIVER VOLUNTEERS

# 2024/2025 FINANCIALS | Laurie Schupmann, Treasurer

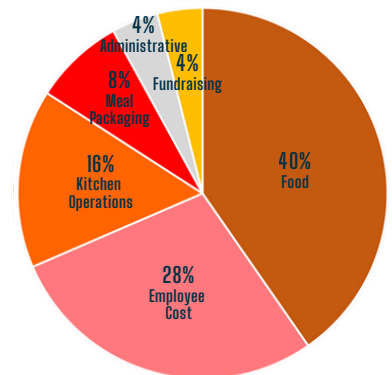


In 2024, we experienced a **2% increase in meals** prepared and delivered compared to 2023. Through September 30, 2025, deliveries continue to grow—**up 7% from 2024 levels**. We achieved cost savings that helped offset higher food and employee costs. Operating expenses grew 1% in 2024 versus 2023, and we expect 2025 expenses to be about 3% higher than 2024.

We are deeply appreciative of the extra contributions in 2024 recognizing our 50th anniversary of providing meals to Ridgefielders in need. The generous support of our donors remains our primary funding source for the growing meal program. We also rely on income from investment reserves to cover expenses that donations don't. These reserves have enabled us to provide meals free of charge since mid-2021 and plan for future capital needs.



**Contributions**  
**\$377,000**



**Operating Expenses**  
**\$418,000**

## *It Takes a Village!* IN-KIND DONATIONS 2024 & YTD 2025

Special thanks to these “villagers” who have donated so generously either their time, talent or specialty items. A special thanks to all the talented artists who decorate bags for our clients!

### Client Gifts

- The Art Spot
- Community Food Rescue
- Jan Cuny
- The Desmarais Family
- Lynett Dickman
- Jill Dillulo
- Christine Eckler
- The Franceschini-Gatje Family
- Lion's Heart
- Michelle McPartland
- National Charity League - Nutmeg Chapter
- National Charity League - Ridgefield Chapter
- Hannah Neumann
- Ridgefield Academy
- Ridgefield Garden Club
- Ridgefield Girl Scout, BSA, Cub Scout, Brownie & Daisy Troops
- Ridgefield Public & Private School Students
- Scotland Elementary School
- SPHERE of CT
- Veteran's Park Elementary School
- 3rd & 4th Grade Classes

### Goods & Services

- Adam Broderick Salon & Spa
- Ancona's Wines & Liquors
- Patti Ballard
- Barlow Mountain Elementary School
- Barlow Mountain Pre-K School
- Michael Bick / Some Things Fishy Catering
- Big Y Supermarket
- Tom Bishop
- BJ's Wholesale Club
- The Cake Box
- Caraluzzi's Markets
- Christ the King Church
- Colonial Cleaners
- Cornerstone Home & Gardens
- Costco Wholesale
- Cramer & Anderson
- Deliberate Media
- Tim Dent Realty Team
- Farvue Farm
- Founders Hall
- Nancy Grimm
- JD Tiny Treats
- Dr. Blaine Langberg
- Lesser Evil
- Lions Heart
- Lounsbury House
- Maddie McCartan & Keely Merrill
- Maurer & Associates
- Theresa Miller
- Minuteman Press - Newtown
- Irma Najman
- National Charity League - Nutmeg Chapter
- National Charity League - Ridgefield Chapter
- Susan O'Connor
- Old Road Software
- Tim & Todd Pedersen
- Pro Bono Partnership
- Derrick Rapp
- Ridgebury Farm
- Ridgefield Academy
- Ridgefield Playhouse
- Ridgefield Public & Private School Students
- Todd Rockefeller / Acrisure
- Ross Artisanal Bakery & Cafe
- Saint Stephen's Church Samaritan Garden
- Sally's Stems
- Dave Schupmann
- Silver Spring Country Club
- Stacey's Totally Baked
- Stew Leonard's Grocery Store
- Stop & Shop Supermarket
- Paul E. Stoogonke, CMA, EA
- Target
- Terrasole Ristorante
- Thrown Stone Theatre
- Elizabeth Torkelson / Epstein Becker Green
- Trader Joe's
- Kate Wark Photography

- Wegmans Food Markets
- Whole Foods Market

### Community Volunteers, Supporters & Fundraisers

- 068 Magazine
- Aldrich Museum
- Commission on Aging
- Community Emergency Response Team
- Compassionate Ridgefield
- Carson Driscoll
- Fairfield County Bank
- Riley Flynn
- Founders Hall
- Hamlet Hub
- Hello Ridgefield
- Interact Club at RHS
- Mary Joyce
- John Marra
- J. McLaughlin
- Maddie McCartan & Keely Merrill
- National Charity League - Nutmeg Chapter
- National Charity League - Ridgefield Chapter
- Personal Touch Welcome
- Adelle & Aidan Reed
- Angela Rice
- Ridgefield Chamber of Commerce
- Ridgefield Department of Social Services
- Ridgefield Farmer's Market
- Ridgefield Historical Society
- Ridgefield Library
- Ridgefield Lifestyle Magazine
- Ridgefield Lions Club
- Ridgefield Neighbors & Newcomers
- Ridgefield Press
- Rotary Club of Ridgefield
- Rising Ridge Financial
- RVNAhealth
- Theater Barn
- Women's Wolfpack
- Wooster School

2024  
2025

# DONOR LIST

## \$5,000 & Higher

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The Ridgefield Thrift Shop  
Union Savings Bank Foundation  
Robert Wolf

## \$1,000 to \$4,999

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Patrick & Evelyn McGrath  
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Merrya Foundation  
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Joseph & Shelley O'Connor  
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Richard & Marianne Patterson  
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Ridgefield Property Group  
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Josh Weinschank  
Annie Willett  
Thomas Zuber

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Thomas & Carolie Olkoski  
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Michelle Lange & Derrick Rapp  
Michael Rettger  
Town of Ridgefield  
Ridgefield Library  
Daniel & Melissa Riley  
RVNAhealth  
Robert & Heather Salaga  
Kory & Megan Salomone  
Carol Schoneman  
Natalie Serfilippi  
Gary & Susie Singer  
Michael & Valerie Sorrentino  
David & Rebecca Staub  
The Storm Family  
Victor Torchia  
Peter & Lisa Vanderminden  
Fran Walton  
Walter & Lynn Wieland  
Amanda Curtin & Jonathan  
Winn  
Cynthia Bakon & John Worrall  
Mary Lou Worrall  
David & Julie Yaun

## \$100 to \$499

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Donna Angotta  
Richard Angotta  
Robert Angotta  
Robert Angotta Jr.  
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Clifford & Phyllis Appel  
Michael & Hilary Aronow

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Gene Austin  
Jack Baldaserini  
Catherine Bandoian  
Tiffany Barrett  
Mary Barsch  
Geoffrey & Maureen Bartlett  
Robert & Pamela Bass  
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John & Anne Blood  
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Antoinette Brennan  
Kevin & Lynne Briody  
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Richard & Debra Bush  
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Paul & Linda Camera  
S.W. & Laurie Campbell  
Gino Capozziello  
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Helene Cartwright  
Kathryn Shelava & Vincenzo  
Carusone  
Bernard Cassidy  
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Christofer & Laurie Christiansen  
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Congregation Shir Shalom  
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Valerie Cosgrove  
Gerard Costello  
Ruth Creamer  
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Amelia Petre  
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Edwin Phelps

REFLECTS DONATIONS IN 2024 AND THROUGH SEPTEMBER 2025. WE APOLOGIZE FOR ANY ERRORS OR OMISSIONS. PLEASE EMAIL US WITH ANY CORRECTIONS OR IF YOU WISH TO REMAIN ANONYMOUS IN THE FUTURE.



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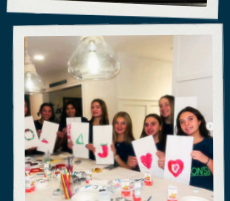
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 Sheila Dunphy  
 Lorraine Duryea  
 E.L.F. Beauty  
 Penny Edwards  
 Joe & Aileen Egan  
 Brian Egge  
 Kristy Elisano  
 John & Joanne Eppolito  
 Christopher & Karin Fallon  
 John & Susan Ferguson  
 Frederick & Nancy Fields  
 Jonathan Finch  
 Francine Fischer  
 John & Beulah Fisher  
 Sean Flanagan  
 Bill & Noreen Flewelling  
 Mary Flynn-Maguire  
 Geri Forslund  
 Mary Franz  
 Joseph & Liliana Furneri  
 Thomas & Tamera Galvin  
 Todd & Isobel Garvett  
 Rosemary Ganser & John Gaurer  
 Matthew & Karen Gerson  
 John & Sue Gillaugh  
 Anthony & Mary Louise Gioffre  
 Marie Gladstone  
 Susan Goff  
 Marilyn Gordon  
 Scott & Cynthia Gramling  
 Laura Graziano  
 Greg & Company, LLC  
 Gilbert & Joan Guertin  
 Jay & Elise Haas  
 Richard Hagan  
 Eileen Hahnenkratt  
 Richard Hance  
 Mark Hance  
 Timothy Hansen  
 Paul Hastings  
 Lynne Hills  
 Miles & Barbara Hisiger  
 Claudia Hyden  
 Jeffrey Hyman  
 Tauna Idone  
 Danni Interdonato  
 Matthew & Bernice Iwinski  
 David & Felicia Jamieson  
 Robert & William Jones  
 Carolanne Kane  
 Kamrun Karim  
 Rolf-Achim & Elizabeth Kaul  
 Sylvia Alvarez Kaya  
 Gretchen Kennedy-Graber  
 Sara Kessler  
 Margaret Kraus-Rumrill  
 Julie Kushner  
 John Laber  
 Julian & Julia Landau  
 Daniel & Mary Landon  
 Barbara Lane  
 Larry & Catherine LaPorta  
 Patricia Laslo  
 Catherine Lauro  
 Andrew Lavoie

Dale Ligi  
 Lena Liguori  
 Jane Lindau  
 Andrew & Carolina Locatelli  
 Joseph Lombardo  
 Andrea Loscalzo  
 Daniel Lyon  
 Elizabeth MacKie  
 Barbara Madden  
 Carmela Maiorano  
 Joan Malin  
 Tony Mangone  
 Therese Marbury  
 Frederick & Alexa Marshall  
 Kim Marshall  
 Linda Martin  
 Claudio Martinez de La Vega  
 Joseph Martinich  
 Jean Linville & Roseann Mascali  
 Kathleen McDermott  
 Margaret McEachern  
 Edward & Mary McGarvey  
 Mary McKenna  
 Kerri Meegan  
 Robert & Lynn Meyer  
 Earl & Carolyn Meyers  
 Pamela Miller  
 Kelly Milton  
 Jeffrey Morell  
 Paul Morris  
 Margaret Mullin  
 Helen Mannis & Fritz Mundorf  
 Blake Murdock  
 James & Donna Murphy  
 Raymond Murphy  
 Catherine Myers  
 Deborah Nardi  
 Christina Nolan  
 Kitsey Snow & Tim Nuland  
 Marilyn O'Brien  
 Kelley O'Day-Dunn  
 John Olszewski  
 Carol O'Neill  
 Robert & Wendy Opotzner  
 Mary O'Reilly  
 Fabricio Ortiz  
 William & Beverly Osgood  
 Christopher & Stephne Pagano  
 Jean Pagano  
 Wendy Paggiotta  
 Barbara Panos  
 Ellen Panzeca  
 Marie Pastore  
 Jason & Alana Peck  
 Brian & Lori Peterson  
 Margaret Pettinato  
 Sarah Pettitt  
 Cecilia Philip  
 James Photis  
 Donald & Mendy Polchinski  
 Hans & Gliceria Probst  
 Raghavendra & Srivalli Rao  
 Kathleen Reeves  
 Stacey Reney  
 Susan Resavy  
 David & Susan Rich  
 Kathleen Richards  
 Tom & Nancy Riedy  
 Larry Rizzo  
 John & Phyllis Robertson  
 Joanne Rodenbach  
 Scott Rosenthal  
 Ronnie Ross

Kristen Rzasa  
 Chip & Gail Salvestrini  
 Marcie Samartino  
 Laurie Saracini  
 Anthony Savino  
 Ken & Rose Sayers  
 Michael & Paula Schmidt  
 Susan Schwerdtle  
 Danielle Scillia  
 Steven Seagriff  
 Raymond & Kay Sementini  
 Edward & Patricia Sherrick  
 Nydia Shipman  
 Ian Sorrentino  
 John & Meg Spera  
 Elizabeth Spivak  
 Constance Starsiak  
 Carl Steike  
 Charles & Doria Stover  
 Robert & Judith Strom  
 Monica Taddonio  
 Martha Talburt  
 Donna Tallent  
 Jennifer Tejada  
 Christine Thelen  
 Maureen Tucker  
 Marilyn Vache  
 Janet Valen  
 Joan Varilla  
 Bernard & Cynthia Veilleux  
 Timothy & Lori Vickers  
 Marc & Jessica Vigliotti  
 Amale Hawi & Brian Walter  
 Clifford & Jean Webb  
 Weekly Retail Service  
 Margot Wilkenfeld  
 Susan Wilkinson  
 Barbara Yankowski  
 Laura Zolotorofe  
 Carolyn Zygmot

**Matching Gifts**

American Express Company  
 Arthur J. Gallagher & Co.  
 Becton Dickinson  
 Deutsche Bank  
 Fairfield County Bank  
 General Atlantic  
 IBM Corporation  
 J.P. Morgan  
 Munich Re America Services  
 New Relic  
 Oaktree Capital Management  
 Pepsico Foundation  
 Pfizer Foundation  
 Piper Sandler Companies  
 Piney Bowes Inc.  
 Point72, L.P.  
 Principal Financial Group  
 Foundation  
 Ross Gives Back  
 Synchrony Financial  
 Teradata  
 The Hartford  
 United Health Group  
 Wells Fargo Community Support





# CLIENT SPOTLIGHT

## Michael Masilotti



Michael Masilotti has called Ridgefield home for seven years, moving from Greenwich to be closer to his sister. Despite mobility challenges, he quickly became a familiar and inspiring presence—active in his church and the Knights of Columbus, often seen walking around town with determination, one step at a time. After two serious leg injuries and a long recovery, his mobility became more limited, but his spirit remains strong, supported by loved ones and Meals on Wheels.

“As someone who can’t cook and lives alone, I’d be eating cereal and hot dogs if it weren’t for MOW,” he laughs. “Now I get balanced, healthy meals.” A client for three years, Michael says the impact goes far beyond nutrition. “The volunteers are the nicest people,” he shares. “On my birthday, they gave me a gift and a card—it really wowed me. When you get to a certain age, you don’t get presents anymore, but I got one from MOW.”

He’s quick to praise the food, too. “I let my sister taste it, and she thought it was from a gourmet restaurant.” Michael often calls just to say thank you. “It means a lot to know there are people out there when you’re in a predicament like I’m in. Everyone is amazing. Their attitude is all about helping.”

## Kathy & Victor Vescera



For nearly 30 years, Kathy and Victor Vescera have called Ridgefield home. As local realtors, they’ve built strong ties in the community—but when unexpected health challenges arose, it was the community that supported them through Meals on Wheels. Kathy, a Connecticut native, and Victor, originally from New York, had always enjoyed good health. But in 2015 and again after Thanksgiving 2024, both were unable to shop or cook due to medical issues. That’s when MOW became a lifeline.

“MOW relieved us of the pressure of cooking and let us focus on recovery,” Kathy shared. “It let us have a life without worrying about feeding ourselves.” The couple especially appreciated the thoughtful touches with each delivery. “It was so nice when MOW brought food to our door, especially at the holidays,” Kathy said. They still have a handmade decoration from a child that came with one of their holiday meals.

And the meals themselves? Nutritious and delicious. “When vegetables came with our meals, Victor ate them—even though he doesn’t always love vegetables,” Kathy laughed. “The meals felt like a gift wrapped in a big bow.” Their story reminds us how a warm meal and caring gesture can make all the difference.





# VOLUNTEER SPOTLIGHT

## Simon Platel



Simon Platel brings both heart and dedication to his role as a volunteer with Meals on Wheels. A native of London, UK and an avid Arsenal fan, Simon's journey has taken him from the world of finance in New York City to Ridgefield, where he's lived since 2010. He's a proud father of two daughters - one a college sophomore and the other a senior at Ridgefield High School.

After years in a fast-paced career, Simon felt it was time to shift gears and give back in a more hands-on way. Though he had long supported MOW through donations, he wanted to get more involved locally. In 2019, he was offered a role in the Center of Distribution (COD) team and decided, "I'll give it a go." He's been a committed volunteer ever since.

Simon especially enjoys the personal connections—learning what each client receives, celebrating birthdays with special gift bags, and occasionally joining drivers to put faces to names. One memorable moment was receiving a hand-knitted hat from a client after meeting in person. "As COD, you get to know clients, but you don't really know them until you meet them. That connection is special."

Reflecting on his experience, Simon adds, "You feel good about doing something good. I really do think we bring a little bit of joy and comfort to people and that's really rewarding."

## Michelle Lange

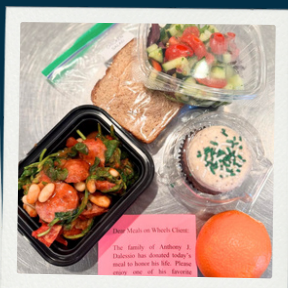


When Ridgefield resident and longtime oncology nurse practitioner Michelle Lange moved to town in 2018, she was looking for a place to raise her twins, Natalie and Edward. What she found was a community—and a calling.

In April 2020, as the world faced uncertainty, she stepped up to help, joining Meals on Wheels as a driver. "Volunteering and giving back has always been important to me," she says. "MOW is such an amazing volunteer-driven organization to be a part of." Her involvement quickly deepened and in 2021, she joined the Board as Driver Coordinator. Today she serves as Vice Chair, leading projects like updating the website and expanding outreach.

For Michelle, MOW is also a family tradition. "I've been delivering meals with our kids since they were three," she says. "They love pulling the wagon in Ballard Green, decorating bags, and making people smile." Her husband Derrick also volunteers, helping with deliveries and providing tech support.

"I think it's great for kids to have an opportunity to volunteer and give back to their community from a young age," she adds. "We fill a critical need by providing nutritious meals, but it's also a chance to connect in a meaningful way." Michelle's story shows how volunteering strengthens both families and community.



# Organization News



We're thrilled to welcome **Kerri Austin** as our new **Director of Operations!**

A Ridgefield resident since 2008, Kerri brings both professional expertise and a strong passion for community service.

She's been an active volunteer with Ridgefield Public Schools PTA, Ridgefield Library, Girl Scouts, the Thrift Shop, and Mamasasco Beach Club. As a longtime MOW driver, she knows firsthand the impact of our work and is committed to continuing our tradition of care and excellence.

Kerri's also a proud mom of six and an animal lover with a lively household of pets. Feel free to stop by or give her a call in the kitchen—she'd love to hear from you!

## CHECK OUT OUR NEW WEBSITE!

We just relaunched our website with a new look and enhanced functionality.

Come visit us at [MealsonWheelsofRidgefield.org](http://MealsonWheelsofRidgefield.org)



## BOARD OF DIRECTORS

We welcomed Cheryl Caudill as our new Newsletter Editor and Mary Joyce as our new Co-Treasurer. We thank retiring board members Caroline Keenan and Renee Fozouni and retiring Vice Chair Emeritus Phyllis Appel for their service.

BOARD CHAIR | Dean Miller

VICE CHAIR | Michelle Lange

TREASURER | Laurie Schupmann

CO-TREASURER | Mary Joyce

RECORDING SECRETARY | Josh Weinshank

CORRESPONDING SECRETARY | Gary Rapp

PUBLIC RELATIONS & DIGITAL | Hilary Aronow

FACILITIES | Alan Must

CLIENT SERVICES | Gloria Driscoll

DRIVER SCHEDULING | Bev Griggs

DRIVER ADMINISTRATION & COMPLIANCE | Rupinder Sura-Collins

DESIGN | Yenny Reed

DEVELOPMENT | Kory Salomone

NEWSLETTER EDITOR | Cheryl Caudill

FINANCE COMMITTEE  
Tom Miserendino: Chair  
Gary Condon  
John Marra  
Dean Miller  
Gary Rapp  
Laurie Schupmann  
Joe Venturato

ADVISORY BOARD  
John Frey  
David Pazer, MD  
Tony Phillips  
Tom Reynolds  
Theresa Santoro  
David Schneider

KITCHEN STAFF  
Directors of Operations:  
Kerri Austin

Kitchen Managers:  
Mark Gilliam  
Joni Karsh  
Mary Pat Sexton

Dietitian Consultant:  
Carmen Weber, RDN, CDN

## VOLUNTEER OPPORTUNITIES

Are you looking for a way to get involved? Here are some ways you can help.

COOK            DECORATE        DONATE        DELIVER  
FUNDRAISE    OUTREACH        PACK            VISIT

X X X U Q J N P A C K M  
S C F D E L I V E R C R  
Y O O U T R E A C H V V  
Q J B X J F D A T O I K  
F U N D R A I S E T S J  
D O N A T E M O J Q I X  
Y D E C O R A T E K T U  
M X F C O O K N G H O C

203.438.8788 | 25 Gilbert Street, Ridgefield, CT 06877  
MOWRidgefield@gmail.com | [MealsonWheelsofRidgefield.org](http://MealsonWheelsofRidgefield.org)  
Kitchen Hours: Monday, Wednesday, Friday: 8am - 12pm

Follow us! #MOWRidgefield

